

Gymnastics Class Schedule

Instructor: Kristin Harenchar

Monday	Recital Gymnastics w/ equipment	
4:00-4:25	Little Tykes	Age 2-3
4:30-4:55	Pre-Gym 1	Age 3 ^{1/2} - 4
5:00-5:40	Pre-Beginners Gym	Ages 5-7
5:45-6:25	Beginners Gym	Ages 7 ^{1/2} & up
6:30-7:10	Advanced Beginners Gym	Requires front limbers
7:15-7:55	Intermediate Gym	Requires front & back walkovers
8:00-8:40	Advanced Gym	Requires round-off back handsprings & side aerials

Tuesday	Non-Recital (NR) Tumbling, no equipment	
4:30-5:10	Pre-Beginners Tumbling	Ages 5-7
5:15-5:55	Beginners Tumbling	Ages 7 ^{1/2} & up
6:00-6:40	Adv. Beginners Tumbling	Requires front limbers & standing bridge backbend
6:45-7:25	Company Gymnastics	Requires instructor approval & ballet
7:30-8:10	Intermediate Tumbling	Requires front & back walkovers
8:15-8:55	Advanced Tumbling	Requires round-off back handsprings

Wednesday	Recital Gymnastics, unless marked otherwise	
4:30-4:55	Mini Company Gymnastics	Requires instructor approval & ballet
5:00-5:40	Pre-Gym 2	Ages 4-5
5:45-6:25	Beginners Gym	Ages 7 & up
6:30-6:55	Boys Gymnastics (NR)	Ages 6 & up
7:00-7:40	Spirit Pom (dance/cheer/gym combo)	Ages 7 & up

Thursday	Non-recital (NR) Gymnastics w/ equipment	
4:30-4:55	Little Tykes	Age 2
5:00-5:25	Pre-Gym 1	Age 3
5:30-6:10	Pre-Gym 2	Age 4 & 5
6:15-6:55	Pre-Beginners Gym	Ages 6 & up
7:00-7:40	Beginners Gym	Ages 8 & up
7:45-8:25	Int/Advanced Gym	Requires round-off back handsprings



*A limited number of private & semi-private classes may be available. Contact Kristin Harenchar if interested: kristin.harenchar@ymcalh.org

<u>Pricing</u>	
25 minute class	40 minute class
Members: \$22.00	Members: \$28.00
Non-Members: \$32.00	Non-Members: \$38.00
25 min Private Class	25 min Semi-Private
Members: \$50.00	Members: \$42.00
Non-Members: \$56.00	Non-Members: \$48.00

*Fees are due monthly & reflect 4 weeks of class.



YMCA OF LAUREL HIGHLANDS
490 BESSEMER RD
MT PLEASANT, PA 15666
724-547-9622
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Dance Class Schedule

Director: Natalie Kohuth

Monday	Class	Instructor
4:30-5:10	Senior Company Ballet (instructor approval)	Natalie
5:15-5:55	Senior Company Jazz	Natalie
6:00-6:40	Senior Company Contemporary	Natalie
6:45-7:25	Senior Company Musical Theatre	Natalie
7:30-8:10	Production	Natalie

Tuesday	Class	Instructor
4:30-5:25	Petite Company (instructor approval)	Natalie
5:30-5:55	Intro to Dance	Natalie
6:00-6:40	Lyrical & Contemporary III	Natalie
6:45-7:25	Jazz & Hip Hop III	Natalie
7:30-8:55	Teen Company (fitness loft)	Natalie
7:30-8:10	Ballet III & Pointe	Vanessa
8:15-8:55	Tap & Musical Theatre III	Vanessa

Wednesday	Class	Instructor
4:30-4:55	Intro to Dance	Natalie
5:00-5:40	Mini Company	Natalie
5:45-6:25	Jazz & Hip Hop I	Halea
6:30-7:10	Jazz & Hip Hop II (fitness loft)	Halea
6:30-7:10	Adult Tap (free for members; reg. required)	Vanessa
7:15-7:55	Tap II	Vanessa

Thursday	Class	Instructor
4:30-5:10	Ballet I	Natalie
5:15-5:55	Tap & Musical Theatre I	Natalie
6:00-6:40	Ballet II	Natalie
6:45-7:25	Lyrical & Contemporary II	Natalie
7:30-8:10	Musical Theatre II	Natalie

Saturday	Class	Instructor
10:00-11:25	Junior Company (instructor approval)	Natalie

*All dance classes participate in the June recital.

*A limited number of private & semi-private classes may be available.
Contact Natalie if interested: natalie.kohuth@ymcalh.org



Intro: Ages 3-4
Level I: Ages 5-7
Level II: Ages 8-11
Level III: Ages 12 & up
*Please register by age group. Instructor approval is needed to move up a level & is based on experience.

2023/24 Class Registration

Registration begins on the following dates & times, **in person only**. Once your registration group has started, you can register at any time on future days.

Y Member Registration - Monday, August 7th @ 5pm
(child registering must be a member)

Participants from 2022/23 - Thursday, August 10th @ 5pm

Non-Member Registration - Monday, August 14th @ 5pm



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